

*The Ankle & Foot Walk-In Clinic*  
*Doctor Scott Peters*  
*Specialist of the Ankle & Foot*

---

University Hospitals  
Mayfield Village Medical Center  
730 SOM Center Rd. Suite 350 - Mayfield Village, OH 44143  
Phone Number: 440-995-1111 Fax Number: 440-995-1234

*SOAKING INSTRUCTIONS - FOOT*

1. Remove dressing if one is in place.
2. Soak foot in lukewarm salt water for 15 minutes:  
(enough water to cover foot and 2 Tbsp salt)  
  
1 time                                      2 times                                      3 times  
  
**each day**  
  
1 day    3 days    1 week
3. Apply antibiotic cream/ointment as directed followed by application of bandage.

If the area should have an increase in redness, swelling, or pain or if you should develop fever, chills, night sweats, nausea, or vomiting please call Dr. Peters immediately.